



**DIRECTIONS:**

- 4 1/2 cups water
- 1 pkg Creamy Chicken & Wild Rice Soup mix
- 1 cup (or one 5 oz can) cooked, diced chicken (Optional)

Measure water into a saucepan and stir in soup mix. Bring to a boil, stirring often. Reduce heat to low and cook uncovered for 15 minutes.

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**CREAMY CHICKEN &  
WILD RICE SOUP**

Item # Q802  
Net Wt. 4.3 oz (122 g)

**Nutrition Facts**

Serving Size 1 CUP (227g)	
Servings Per Container 4	
Amount Per Serving	
<b>Calories 90</b>	Calories from Fat 30
<small>% Daily Value*</small>	
<b>Total Fat 3.5g</b>	<b>5%</b>
Saturated Fat 0.5g	3%
Trans Fat 1g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 860mg</b>	<b>36%</b>
<b>Total Carbohydrate 12g</b>	<b>4%</b>
Dietary Fiber less than 1 gram	3%
Sugars 1g	
<b>Protein 2g</b>	
Vitamin A 25%	Vitamin C 2%
Calcium 2%	Iron 4%

**INGREDIENTS:** Long Grained Milled Rice, Non-Dairy Creamer (Partially Hydrogenated Soybean Oil, Corn Syrup Solids, Sodium Caseinate (a Milk Derivative), Mono & Diglycerides, Sodium Citrate, Salt, Dipitossium Phosphate, Sodium Silico Aluminate (anticaking), Carrageenan), Wheat Flour (Malted Barley, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wild Rice, Dehydrated Carrot and Onion, Natural Flavors [(contains Chicken Concentrate, Yeast Extract), Maltodextrin, Garlic Extract], Hydrolyzed Vegetable Protein (Hydrolyzed Corn Gluten, Partially Hydrogenated Soybean Oil), Rendered Chicken Fat, Spices, Onion and Garlic Powder, Disodium Inosinate and Guanylate, Turmeric (color). **CONTAINS MILK, SOYBEAN AND WHEAT PRODUCTS**